

## Practitioner Observational Tool (POT)

The purpose of this survey is to understand the young person’s socio-emotional behaviours from what you have observed of them over a number of hours. You will complete this survey for each young person, according to your evaluation schedule.

Date:	
Activity name:	
Practitioner name:	
Young person’s name or identifier:	

### Instructions

Please read each question and think about how it applies to the behaviour of the young person you have observed in the past two weeks (or at least four hours of provision).

Mark the box that best describes how often you saw that behaviour from that young person.

If you want to change any of your ratings, please mark an “X” through the old response and fill in the new one.

We are trialling the option to include a 'no opportunity to observe' option on the POT. This may be used where the circumstances in which young people are engaged means that it is not possible to observe that area of young people's behaviour because the opportunity did not arise for the young person to display it.

Please note that higher scores are not better or worse – all people will have a mix of high and low scores, and we want to know your view of this young person’s unique behaviour.

When you are not sure, just pick the response option that is closest to what you have observed the young person doing and keep moving.

Thank you!

**A: How long have you known this young person?**

Less than 1 month	1 to 6 months	7 to 12 months	Over 12 months
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**B: About how many hours have you observed this young person in your provision?**

Less than 4 hours	4 to 8 hours	9 to 13 hours	14 to 18 hours	More than 19 hours
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### C: About the young person

		Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
<b>Emotion management</b>							
1	How often did the young person easily manage both positive and negative feelings (e.g. didn't lash out at others when feeling bad; didn't brag or gloat when feeling good)?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
2	How often did the young person get easily frustrated (e.g. challenging tasks, minor setbacks, disagreements, or critical feedback cause more frustration than expected for a successful provision experience)?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
3	How often did the young person respond constructively when frustrated by challenging tasks, minor setbacks, disagreements, or critical feedback (e.g. thought about it and tried again or sought help)?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe

4	How often did the young person disrupt or withdraw from participation (e.g. stopped paying attention; stopped participating in an activity)?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
<b>Empathy</b>							
5	How often did the young person notice when someone was sad, upset, uncomfortable, or feeling rejected or bullied?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
6	How often did the young person respond without judgement to other people's opinions, feelings, or situation?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
7	How often did the young person appear to experience the same feelings as another person's feelings (e.g. not just understand, but feel what someone else was feeling, or empathise with others)?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
8	How often did the young person discuss or describe or act on social biases they noticed (e.g. adultism, sexism, ableism, classism, racism)?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe

<b>Initiative</b>							
9	How often did the young person take the initiative (e.g. volunteer for a challenging task; quick to raise hand in response to a question put to the group)?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
10	How often were goals set that were ambitious?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
11	How often did the young person stay focused and on-task despite distractions?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
12	How often did the young person push through during a challenging task?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
<b>Problem solving</b>							
13	How often did the young person evaluate alternative plans for reaching a specific goal?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
14	How often did the young person create plans, with multiple steps, for reaching a specific goal?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
15	How often did the young person manage their time (e.g. by showing up on time, sticking to a plan, or moving on when a step may not have been completed perfectly but was good enough)?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe

16	How often did the young person think about, and adjust to feedback about, things that happened in the past?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
<b>Responsibility</b>							
17	How often did the young person finish the task they started, with minimal supervision?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
18	How often did the young person do the things they said they were going to do?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
19	How often did the young person do the things an adult asked them to do?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
20	How often did the young person acknowledge a mistake and take action to address it?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
<b>Teamwork</b>							
21	How often did the young person help or cooperate with others?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
22	How often did the young person encourage others to do their part?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
23	How often did the young person seek help from others when stuck?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe
24	How often did the young person keep track of their own and others' group progress?	Never	Rarely	Occasionally	Most of the time	All of the time	No opportunity to observe